

Appendix A

Best Practice from other areas

There are a range of NICE (the National Institute for Health and Care Excellence) guidelines available together with Joint Commissioning Guidelines which contain evidence based practice. These guides are specific for each mental health diagnosis and contain best practice examples.

There are some examples of good practice that could be adapted for use in Rotherham, as outlined below.

Sheffield City Council have reviewed their mental health recovery pathway in terms of support services for those adults with eligible social care needs, who are eligible therefore for self-directed support. The Council have a list of preferred providers and have made the system easier for users to access. This has also resulted in an easier process for care coordinators when they apply for Council funding on behalf of the service user, thereby speeding up the process.

Birmingham have reconfigured their mental health services so that there is a service for 0-25 year olds and a separate service for those aged 25+ ; from two different NHS providers. This change was undertaken to address the issues of transition and to focus upon the needs of children and young people aged 18 to 25 given that this is the period when the majority of mental health issues present themselves but historically young adults are very unwilling to access mental health services. The separation of services for those aged under 25 from those adults aged 25 plus enables the services to promote recovery and social inclusion by aiming to transition very few into services for those aged 25 plus

In the last few years Bristol has retendered all its mental health services; the outcome has been to move away from the medical model of mental health by increasing the number of voluntary and community sector organisations. These organisations have become full partners with access to funding which was predominately spent on NHS providers. This has led to an increased focus upon recovery and social inclusion and improved accommodation based services.

North Lincolnshire commission an Options Recovery College which provides recovery focussed educational courses and is open to users and carers and staff, free of charge. These courses aims to support people to make the most of their personal skills and learn self-management to enable users to deal with the challenges of mental health and achieve their personal goals. Service Users are encouraged to begin the journey of recovery, understand their own mental health and learn self-management and control

Hillingdon Council and CCG have agreed a s117 policy which including procedures to be used in a joint funding panel process, this includes a funding matrix to determine which organisation pays for s117 packages of care.